



Catholic Community Services

October 2019

Monday	Tuesday	Wednesday	Thursday	
	<p>1 Vegetable Lasagna Salad Chocolate Pudding Pears</p>	<p>2 Cheeseburger w/bun Lettuce Tomato Onion Coleslaw & Steak Fries Baked Beans Watermelon</p>	<p>3 Chili con Carne Corn Bread Green Salad Orange</p>	
<p>7 BBQ Pork Open Face Sandwich Sweet Potato Carrot Apple Salad Lemon Bar</p>	<p>8 Salisbury Steak Potato w/Gravy Carrot Spinach Salad Fig Newton's</p>	<p>9 Pumpkin Soup Tossed Salad Chicken Salad Sandwich Apple</p>	<p>10 Fish Taco Mexican Rice Cucumber & Tomato Salad Berries with Whip topping</p>	
<p>14 Pork Soft Tacos Mexicali Vegetables Rice Banana Sour Cream & Salsa</p>	<p>15 Beef Stir Fry Rice Oranges Fortune Cookies</p>	<p>16 Spaghetti & Meatballs Green Beans Salad Garlic Bread Fruit Cocktail</p>	<p>17 Pork en Salsa Verde Pinto Beans Corn Tortilla Tomato/Avocado Slices Orange</p>	
<p>21 Turkey Noodle Soup Chicken Salad Sandwich Carrot Pineapple Salad Cookie</p>	<p>22 Chicken Tostada Chicken Tortilla Soup Plum Crisp Salsa & Sour Cream</p>	<p>23 Amandine Fish Broccoli Roll Orange Lemon Bar</p>	<p>24 Baja Chicken Rice w/Carrot & Peas Fiesta Mix Vegetables Banana</p>	
<p>28 Macaroni & Cheese Wheat Roll Glazed Melon</p>	<p>29 Chef Salad Breadsticks Peaches Orange Sherbet</p>	<p>30 Chili Con Carne Cornbread Salad Oatmeal Cookie Watermelon</p>	<p>31 Happy Halloween Beef Soft Taco Spanish Rice Mexicali Veggies Apple</p>	